

# Workshop Report

## Mind Mastery Workshop

**Venue:** Seth Malook Chand International School, Agra Road

**Date:** 11 July 2026

**Time:** 9:00 a.m. to 10:30 a.m.

**Resource Person:** Mr. Rahul Kumar

Seth Malook Chand International School successfully organized a **Mind Mastery Workshop** for the students of **Classes III to VIII** on **11th July 2026** from **9:00 a.m. to 10:30 a.m.** The workshop was conducted by **Mr. Rahul Kumar**, who was invited by the school as the resource person.

The session was designed to enhance students' concentration, observation, memory, and thinking skills through a variety of **mind exercises, brain practices, and mind puzzles**. Mr. Rahul Kumar actively engaged the students in different activities that encouraged them to think creatively, improve their problem-solving abilities, and participate enthusiastically throughout the session.

A key highlight of the workshop was the demonstration of **simple memory techniques and easy tricks** to help students remember difficult words and concepts more effectively. Through interactive activities and practical examples, the resource person explained how these techniques could make learning easier, more enjoyable, and more effective.

The students participated with great enthusiasm and showed keen interest in every activity. They responded actively to the puzzles, exercises, and memory challenges, making the session lively and interactive. The resource person also addressed students' questions and motivated them to apply the techniques in their daily studies.

The workshop concluded successfully at **10:30 a.m.** It was an **informative and interesting session** that provided students with practical strategies to strengthen their memory, concentration, and learning skills.

**Report Prepared By:**

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**Coordinator**

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